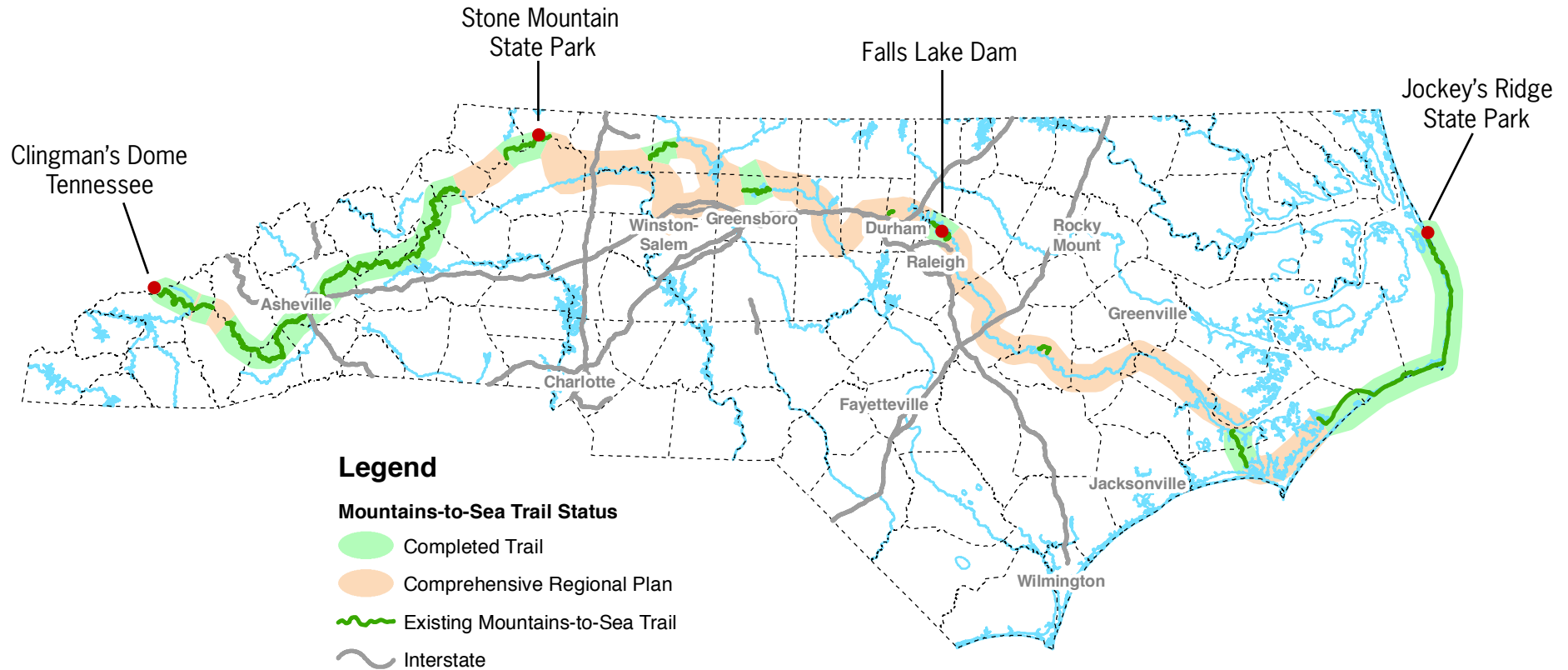


North Carolina's Mountains-to-Sea Trail Plan



Western Region

Clingman's Dome to
Stone Mountain State Park

| | |
|--|-----------|
| Total Distance: | 332 miles |
| Miles Open to the Public: | 284 miles |
| Included in Comprehensive Regional Plan | 48 miles |

Central Region

Stone Mountain State Park to
the Falls Lake Dam in Wake County

| | |
|---|-----------|
| Total Distance: | 255 miles |
| Miles Open to the Public: | 45 miles |
| Included in Comprehensive Regional Plan: | 210 miles |

Eastern Region

Falls Lake Dam to
Jockey's Ridge State Park

| | |
|---------------------------------|-----------|
| Total Distance: | 313 miles |
| Miles Open to the Public: | 81 miles |
| Comprehensive Regional Plan: | 232 miles |